

# Bookings & Information

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# **CANCELLATION POLICY**

Full payment is required at the time of booking. No refunds will be issued within 21 days of camp start date for any reason, however substitutions are accepted until time of departure.

# **EXCLUSION OF LIABILITY & ASSUMPTION OF RISK**

River kayaking and wilderness travel involve many risks. These risks, among others, are outlined in our Release of Liability Agreement, which all participants and legal guardians are required to read and sign before participating in our camp. The Agreement will affect your legal rights. Copies of the Agreement are available upon request.



# ABLE 2 ADVENTURE

EMPOWER YOURSELF

Kayaking is PURE FUN! Whitewater kayaking is more than just a sport, it is a life altering experience and in a lot of cases a lifestyle. With such a close-knit community, it is a great way to meet new friends and create life-spanning relationships. It is also a great way to challenge ones self, both mentally and physically. Contrary to the stereotype, kayaking is not strictly for adrenaline junkies and extremists; it is a sport with unlimited possibilities for anyone and everyone that tries it.

# TINERARY

The morning will be spent in the pool adjusting to the boats and we will wrap up on Kamloops Lake.

# Day 2

We will be going for a gentle float on the North Thompson River to get familiar with moving water.

#### DAY 3

We will be seeing some whitewater on the Adams River.

# Day 4

The group is off to the Shushwap River for more rapids and more fun.

#### DAY 5

We have saved the best for last. Participants will put their newfound skills to the test on the world famous Clearwater River.

# See you soon



# WHAT YOUR GOING TO GE

Our day camp has been designed as an introduction to whitewater kayaking and a tool for personal growth. During our time on the river we will be focusing on: kayak skills and safe practices, team building, leadership and environmental sustainability.

# Ages:

Young men and women that are 14-18 years old.

#### Dates:

Our camp will take place from August 16<sup>th</sup> to the 20<sup>th</sup>.

# Times:

Participants will be in their boats and having a blast from 8am till 5pm, at which point they will be free to go.

# Location:

Kamloops, British Columbia

#### Price:

\$325.00 (includes lunches and equipment rentals)

# IN PARTNERSHIP WITH

THOMPSON RIVERS UNIVERSITY'S ADVENTURE STUDIES DEPARTMENT

